UNIVERSITÀ MEDICA INTERNAZIONALE
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ITALIA CONI



Concussion in Sports:

Visible Symptoms and the (In)Visible Window of Brain Vulnerability

11 and 12 March 2027

Rome

Professional Congress Organizer

Balestra

11-12 MARCH 2027
UniCamillus University
Aula Magna Auditorium
Via di Sant'Alessandro 30 - 00131 Rome

INTERNATIONAL SYMPOSIUM ON SPORTS-RELATED CONCUSSION

PROGRAM

About the Symposium:
The symposium will bring together clinicians, neuroscientists, sports medicine specialists, athletic organizations, policy makers, and elite athletes to address one of the most challenging issues in modern sport: sports-related concussion.

Through lectures, panel discussions, case-based analyses, and poster presentations, participants will explore the mechanisms of brain injury, the interpretation of symptoms, the period of heightened vulnerability following concussion, and emerging strategies for diagnosis, monitoring, prevention, and return-to-play decision making.

Official Endorsement
The event has received the endorsement of CONI (Italian National Olympic Committee).

Publication Opportunity
The scientific content presented during the speakers' sessions will form the basis of a dedicated publication initiative. Contributions will be invited for a Frontiers Research Topic, offering an opportunity to disseminate the key findings and perspectives emerging from the symposium.

Who Should Attend
Physicians, neurologists, neurosurgeons, sports medicine professionals, athletic trainers, physiotherapists, researchers, sports federations, coaches, and students interested in concussion science and athlete health.

DAY 1 – Thursday, 11 March 2027

10:00–11:00
Registration, Welcome Coffee and Networking

11:00–11:15
Opening Ceremony
Welcome Address from the Organising Committee
Prof. Gianni Profita
Rector of UniCamillus - Saint Camillus International University of Health Sciences
Prof. Barbara Tavazzi
Dean of Departmental Faculty of Medicine UniCamillus - Saint Camillus International University of Health Sciences

On behalf of the Organising Committee

SESSION 1
Concussion in Sport: Voices from the Field

11:15–13:00
Panel Discussion
Athletes, sports organisations, media representatives, medical experts and federation leaders
Moderator: Sports journalist
Guests: Cristiana Capotondi, Martin Castrogiovanni, Tommaso Clerici, Luca Labianca, ecc.

Suggested themes:
- The athlete perspective: living with concussion uncertainty
- Communicating concussion risk to the public
- Balancing performance, safety and sporting culture
- The role of federations in prevention and education
- From awareness to meaningful change
- The Female Athlete and Concussion
- Beyond Rugby and Football: Concussion Across Sports

13:00–14:00
Lunch

SESSION 2
International Perspectives on Sport-Related Concussion
14:00–14:40
Lectio Magistralis
Steven P. Broglio (USA)
University of Michigan
Professor of Athletic Training and Director, U-M Concussion Center and NeuroTrauma Research Laboratory
Lecture title suggestion:
"The Future of Sport-Related Concussion: Evidence, Innovation and Athlete Protection"

14:40–15:00
Stefano Signoretti
SIS
Suggested topic: "*Concussion Diagnosis in Sport: Current Standards and Future Directions*"

15:00–15:20
Antonio Belli (UK)
University of Birmingham
Professor of Trauma Neurosurgery
Suggested topic: "*Lessons from Neurosurgery and Military Medicine*"
15:20-15:40 Question and panel discussion

15:40–16:00
Coffee Break and Poster Presentations and Early Career Research Forum
16:15–17:15
Dedicated session for:

- Young investigators
- PhD researchers
- Clinical innovation projects
- Translational neuroscience research

DAY 2 – Friday, 12 March 2027

09:00–10:00
Networking Breakfast

SESSION 1
Return to Play: Science, Safety and Decision Making
Moderators:
Andrea Ferretti, Matteo Guzzini
10:00–10:20
International Speaker
Suggested title: *"Global Consensus and Clinical Decision Making in Return-to-Play Management"*

10:20–11:00
Luca LaBianca + Anna Nordstrom
Suggested session title: "*From the Sideline to Competition: Immediate Assessment and Safe Return to Sport*"
Topics:

- On-field assessment
- Acute management pathways
- Technology-assisted decision making
- Avoiding premature return

11:00–11:30
Questions and Panel discussion

11:30–12:00
Coffee Break and Poster Session

12:20–12:40
Gerald Gioia
George Washington University School of Medicine
Suggested title: "*Paediatric concussion*"

12:40–13:10
Questions and Panel discussion

13:10–14:00
Lunch and Poster Session

SESSION 2
Preclinical Research: Mechanisms of Brain Injury and Recovery

Moderators:
Giacomo Lazzarino, Angela Maria Amorini
14:00–14:20
Giacomo Lazzarino *"From Experimental Models to Human Disease: Understanding Brain Vulnerability"*
14:20–14:40
Speaker to be defined
Suggested topic: *"Neuroinflammation After Concussion"*
14:40–15:00
Speaker to be defined
Suggested topic: *"Metabolic Dysfunction After Concussion"*
15:00–15:20
Speaker to be defined
Suggested topic: *"Mitochondrial Dysfunction and Recovery Pathways"*

15:20–15:50
Panel Discussion

16:00–16:30
Coffee Break

SESSION 3
Biomarkers and Precision Medicine in Concussion

Moderators:
Valentina Di Pietro, Stefania Mondello

16:30–16:50
Andreas Buki
University of Pécs
Suggested title: "*Translational Neuroscience and Biomarker Discovery in Brain Injury*"

16:50–17:10
Stefania Mondello
University of Messina
Suggested title: *"Blood Biomarkers and the Future of Precision Diagnosis in Traumatic Brain Injury"*

17:10–17:30
Valentina Di Pietro
University of Birmingham
Suggested title: *"Beyond Blood: Salivary Biomarkers and Monitoring Recovery After Concussion"*

17:30–18:00
Final Panel Discussion
Biomarkers, Clinical Decisions and the Future of Concussion Management

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The Future of Concussion: Where Will We Be in 2030?
Closing visionary debate involving:

- Clinicians
- Scientists
- Athletes
- Policy makers

18:00 conclusion and test ECM online

INFORMAZIONI UTILI

CREDITI ECM
Provider Balestra srl - Evento N. 2382
Saranno assegnati i crediti formativi ECM per le seguenti professioni:
Medico Chirurgo (discipline: .....)

REGISTRATION FEES:

DELEGATES	EURO 70,00
PHD	EURO 30,00
RESIDENTS	FREE

REGISTRATION TOOL
Registration form must be completed online, it is available on Balestrasrl.com
Accepted payment methods available online. To complete online registration, it is mandatory to settle the payment via Pay Pal.